

This document outlines expectations of our apprentice yoga instructors and our responsibilities to them whilst embarking whilst teaching.

CODE OF CONDUCT

Pay reverence and respect to the great Grand Masters of Yoga and their teachings. This can be by simply mentioning their name as a point of reference whilst sharing their teachings. For example the heritage of Clarity is from Krishnamacharia, Shri Pattabhi Jois, Shri O P Tiwariji and their students.

Express compassion to your fellow colleagues through action and expressions at all times.

Respect the feelings, abilities and privacy of your fellow students.

An opportunity to eliminate drugs and alcohol whilst on the training course.

Maintain a life-style requirements

according to your dosha.

Maintain humility as a basis to establish a state to understand and explore teachings, expressions, views and opinions which may differ from your own.

Be aware that the training is to provide you with skills from Yoga Asana, Pranayama, Philosophy, Meditation and Spirituality, to understand who you are as a Yoga Teacher, prevent you from projecting onto your clients and to enable you to support others according to their needs.

Uphold the integrity of yoga tradition and commit to impart this knowledge with sincerity and devotion in a way that you feel comfortable for you to express



Melanie
Ashley

Use healthy and supportive language with your fellow apprentice teachers and those .Maintain an experience diary to you how knowledge from Traditional Yoga Masters affects your impression of the new world you are creating as a contemporary Yoga Teacher.

"TEACH WHAT IS INSIDE YOU NOT AS IT APPLIES TO YOU ... BUT AS IT APPLIES TO THE OTHER

- Krishnamachariya

TERMS & CONDITIONS

Apprentices will be expected to attend the full 250 hours training.

Full payment is required before the start of the programme.

Homework needs to be completed on time.

Assessment will be on-going via observation, written work, exam and external assessor. Feedback will be on-going so the apprentice has time to develop and grow to meet the required standard.

You will be expected to create your own group to practice teaching.

You will be invited to develop your practical experience by working in the studio with existing teachers - or with

teachers within my network.

As part of the programme, it is expected that you maintain your own physical yoga practice, as well as a pranayama and meditation. In addition, to plan your daily life in accordance with your dosha.

It is expected that you will keep an 'experience diary' so you can relate your experiences to applications and perceptions within your everyday world.

Any grievances need to be brought to the attention of Clarity Yoga Training Academy as soon as possible.

It is expected that you will purchase your training insurance via Yoga Alliance Professionals.

It is taken that you have read and understood our Health & Safety and Code of Conduct Policies and you are aware of your responsibilities to the training as well as our commitment to you.

Our training programme will give you a good all round knowledge of yoga. And through your training you are likely to gravitate towards a particular aspect. If this happens, we will be able to guide you to the best way to develop and pursuit your exploration of yoga with supportive, credible yoga schools so your growth continues beyond Clarity Yoga Shala

